### Clauses stating reasons and conditions

**Even if** introduces a condition that does not influence the main clause.

I sometimes lie awake at night, **even if** I’m really tired.

**Considering that** introduces causes and reasons that explain the main clause.

I’m lucky I can get by on six hours of sleep, **considering that** most people need eight.

**As long as** introduces a condition on which the main clause depends.

I can manage on five hours of sleep, **as long as** I take a nap during the day.

**Unless** introduces something that must happen in order to avoid a consequence.

**Unless** I get a good night’s sleep, I can easily fall asleep at school, at work, or even on the bus.

**Just in case** introduces an undesirable circumstance that needs to be taken into account.

I always set two alarm clocks **(just) in case** one of them doesn’t go off.

**Only if or only... if** introduces a condition that must be met for the main clause to be true.

I **only** wake up early if I have somewhere to be in the morning.

I wake up early **only if** I have somewhere to be in the morning.

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