

Programa de Aprendizaje de Lenguas Extranjeras Inglés III

CULTURE SHOCK

Adjectives to describe how people sometimes feel when they live in a foreign country

CONCEPT	DEFINITION
anxious	Feeling nervous
comfortable	Feeling good and relaxed
confident	Certain about the ability to do things well
curious	Wanting to know or learn about something
depressed	Sad, low in spirits
embarrassed	Feeling uncomfortable because of shame
enthusiastic	Energetically interested in something
excited	Feeling very happy and enthusiastic
fascinated	Being completely interested, showing complete attention to something
homesick	Longing for home and family while absent from them
insecure	Not confident or sure
nervous	Feeling agitated or alarmed
uncertain	Lacking clear knowledge or a definite opinion
uncomfortable	Feeling tense or feeling pain
worried	Feeling concerned and anxious

Retrieved from: Richards, J., Hull, J., & Proctor, S. (2013). *Interchange 3: Student's book.* (4th ed., p. 30). Cambridge: Cambridge University Press.